



**CROP LIST  
FOR 2009**

- Basil
- Parsley
- Tarragon
- Chives
- Green Beans
- Yellow Wax Beans
- Soy Beans
- Beets
- Beet Greens
- Blueberries
- Cabbage—Carrots
- Eggplant
- Arugula & Salad Greens
- Kale—Peas
- Radishes
- Peppers—Spinach
- Summer Squash
- Zucchini
- Acorn Squash
- Butternut Squash
- Hubbard Squash
- Swiss Chard
- Cherry Tomatoes
- Tomatoes
- Turnip
- Onions
- Fennel
- Garlic



*Community Supported Agriculture 2009*

***What is CSA?***

Community Supported Agriculture, or **CSA**, is a relationship of mutual support and commitment between farmers and community members. It implies a willingness to share both the bounty from the land and some of the risks involved with production.

***CSA is about fresh produce***

Before the growing season, a farmer sells member shares in the upcoming harvest. From June until September (**17 weeks**) Every Tuesday the farmer harvests fresh, sustainability grown produce . That can be picked up by share holders between

1:00 pm and 6:00 pm at the farm.

***CSA is about supporting local farms***

The money paid for the share goes toward the cost of growing and harvesting a season's worth of produce and paying the farmer a living wage.

***CSA is about health***

Eating freshly-harvested food is the basis of a healthy diet. CSA offers the opportunity to reconnect with the rhythms of nature by eating produce when it is locally in season. avoided. Produce tastes better & is better for you.

***CSA is about building community.***

CSA provides you with the tools to be active in your community, meet your neighbors, and share recipes and health information.

***What is the cost?***

The Boyd Family Farm CSA has 40 shares available in the 2009 growing season. The share cost is **\$550.00** for a full season's worth of fresh produce. Share sizes are appropriate for a family of four or two vegetarians. Contact the farm at **802-464-5618** or [boyardfarm@sover.net](mailto:boyardfarm@sover.net)

*Payment Options*

Sign up before **March 31, 2008** There are two, four or custom payment plans available. A non-refundable deposit to reserve your share is requested by April 2, 2009 . Sign up anytime there after

if shares are still available Call the farm to work out a payment plan that works or you.

**How do I sign up ?**

Contact the farm at **802-464-5618** or [boyardfarm@sover.net](mailto:boyardfarm@sover.net)



## *Veggie Tales & Survey Results*



*Early Spring 2008*

We had a lot of fun experimenting with pac choi, fennel and the different stir-fry greens & turnips. The survey reviews were mixed...some folks embraced the new flavors and confessed we made them try things they never would have tried others expressed the desire for more staples...carrots, celery and onions.

I think our share holders will be glad to know we will continue to experiment with some new flavored vegetables but have increased the plantings of the staples with some shorter growing season varieties.

The growing season last year was challenging to say the least. We hope the rains are a bit gentler this year so as not to have such a negative impact on the blossoms that set the fruit on the squash, cucumber and winter squash vines. We were grateful that the heavy rains mid season only compromised share pick-ups one week and thank you for your understanding and kind words!



## *Field Analysis & Soil Enrichment*

“ Organic additives are the only soil enrichments we will use... that is our commitment to our family and yours”

We all know the home gardener who is producing a lot of vegetables with the benefit of synthetic fertilizers. Years ago we were them!

It requires much more effort and commitment to enrich many acres with the correct organic matter in order to maximize crop production.

The USDA was at the farm several times this summer . With their help and the soil analysis lab at Cornell we have identified the PH Levels of all the different growing areas on the farm and have ordered the required additives to adjust the PH and nutrients where needed! Organic additives are the only soil enrichments we will use...that is our commitment to our family and yours.

## *Value Added Products*

We will do our best to connect other farmers and products with you the CSA Share Holder. Jam, Eggs, Lamb, Honey and Maple Syrup , Raspberries and Blueberries and corn will be available during the summer season when possible.

